

# WE CAN HELP TO MAKE IT **STOP.**

WHO TO CONTACT FOR ADVICE AND SUPPORT

You need to talk to someone who you trust like:

- Your parent or carer
- A school teacher
- Mosaic Youth Worker
- Central Youth Worker
- Youth Offending Service Worker
- Social Worker

**You are not to blame** if this is happening to you.

The people who have taken advantage of you are responsible and they are the ones who have done something wrong.

# WE CAN **HELP** YOU WITH YOUR WORRIES.

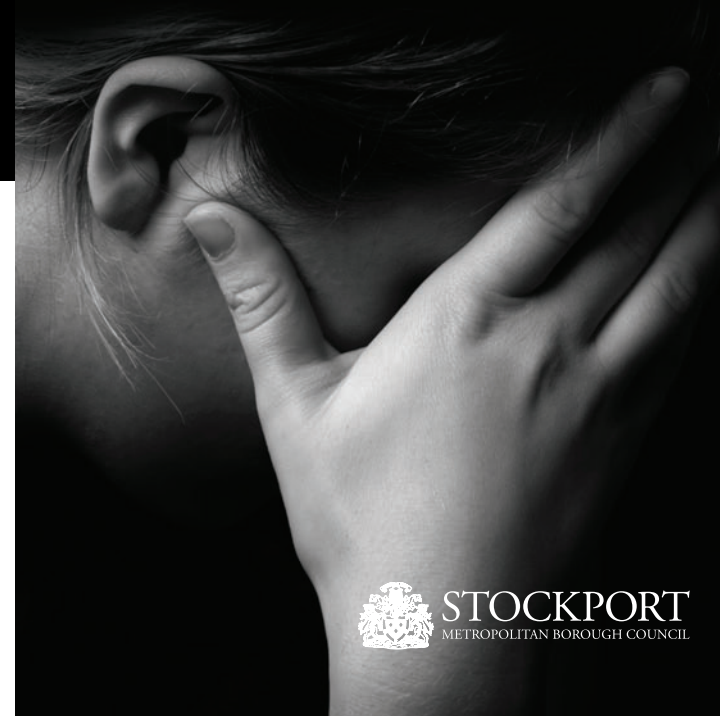
If you are worried that some of the things in this leaflet may be happening or have already happened to you, **we can help you with your worries.**

Please ring Stockport's Safeguarding Children Unit tel: **(0161) 474 5652**



Cars  
Parties  
Fun  
Chilling  
Alcohol  
Late nights  
Food  
Drugs  
Getting Hit  
Getting Hurt  
Gifts  
Guilt  
Scared  
Texts  
Threat  
Running away

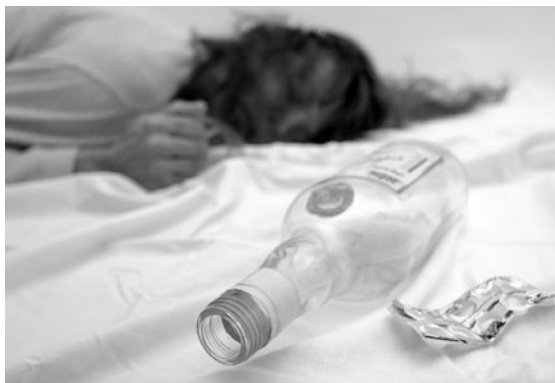
# IS THIS YOU?



# IS THIS YOU?

- You are friends with older adults
- You have an older boyfriend or girlfriend
- You stay out late and even all night
- You don't stay in with your family and friends, very much
- You have lost contact with friends
- You don't go to school
- You've used drugs and alcohol
- You are chatting to people on-line who you have never met
- You are receiving calls and/or texts from people who you don't know, asking to meet up.

**If you can tick some of the boxes above, you are at risk...**



## “...it's only possible to protect yourself if you think you're worth protecting”.

Young woman, 17, taken from Pearce J and others 2002.

### WHY?

#### We know...

- There are dangerous people on the lookout for you.
- They will try to make friends with you and pretend to be really nice
- They may buy you presents or give you food, drink or drugs
- They may even offer you a bed for the night but...

**...they will want something in return**

**WE CAN HELP TO MAKE IT STOP.**



### WHAT?

- They may want to use you for sexual acts to please themselves or their friends
- They can be very persuasive and things can easily get out of control
- They may threaten you or tell you that you will get into trouble
- They will tell you no one will believe you
- You may feel ashamed or embarrassed about telling somebody.

### WE UNDERSTAND...

- that it's hard to talk
- that you might think it's your fault
- that you feel ashamed or guilty
- that you don't know how to make it stop